



***Please come and experience Groundwork Therapy and equine facilitated learning in this two day workshop in Maleny.***

**DATE: Saturday 12<sup>th</sup> & Sunday 13<sup>th</sup> December 2009**

**TIME: 9:30am Sat – 3pm Sun.**

**VENUE: Worldview Centre, 42 Brooks Rd Balmoral Ridge Maleny QLD**  
([www.worldviewcentre.com.au](http://www.worldviewcentre.com.au) for directions)

**COST: \$495.00**, includes all meals and Saturday overnight accommodation  
(extra cost of \$67.00 for dinner and overnight stay on the Friday night)  
*Book now as there are limited spaces*

**Bring:** closed toe shoes, no heels (boots preferable), sunscreen, sunhat, jacket

Saturday will run from 9:00am – 4pm, dinner and discussion following workshop and Sunday will run from 10am - 3pm. No mounted work, no prior horse experience is necessary.

The aim of this workshop is to expand awareness with the help of horses of your own personal strengths, gifts & talents, as well as gaining insight into the realm of horse.

Horses have the uncanny ability to mirror our emotions back to us. If we are to be in the same space as a horse, we have to be honest with ourselves, learn to trust ourselves, and take responsibility for our own thoughts, feelings, experiences and perceptions. To work with a horse you learn that every action has reaction and consequence, even the smallest ones.

You learn how to communicate with respect and empathy in a non-judgmental, non-confrontational way, which then becomes transferable to the human world. Learn to create healthy respectful boundaries for yourself and recognize them in another. Learn to live in the present, look to the future and let go of the past.

#### ***About the Facilitator:***

Kylie Peters has completed her four year sequence psychology degree and is currently undertaking her supervised practice as a probationary registered psychologist. She currently works with young people and their families who are homeless or at risk of homelessness. She also has over ten years experience working with horses in both the equestrian and thoroughbred racing industry. Kylie has studied with Barbara Rector (Adventures in Awareness) one of the leading founders of equine facilitated learning in Tucson, Arizona. Kylie has been able to combine her passion for horses and career in psychology in developing Groundwork Therapy.

***Looking forward to horse-adventuring with you in Maleny,***

**Kylie Peters**

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