

The Epona Advanced Study Experience

Awaken to Your Life's Purpose Through the Way of the Horse

Maleny, Queensland, Australia January 2010



This two-part advanced intensive program is an in-depth exploration of the Way of the Horse, the Epona approach to equine experiential learning, as a profound journey of self-discovery and transformation. With horses as your inspiration and guides, you will learn skills for increasing self-awareness, accessing inner peace, and developing an approach to life that enables you to live deeply and awaken to your life's purpose.

The **EASE** program will further define and integrate essential skills for Authentic Community Building through reflective, active, and mounted work with horses and in group process work with two-legged herd members. No previous horse experience is required. Satisfactory completion of this program qualifies participants to apply to the Epona Apprenticeship Program to become an Epona Approved Instructor.

The overall theme of the **EASE** program will focus on teaching you how to take new tools and expanded self-awareness back into your life, family, relationships, and community. You will learn how to be more authentic, set healthy boundaries, and actually live from a larger perspective of who you are and what's possible for you. You will learn how to apply the following principals to everyday life: congruency over conformity, authenticity over perfection, and adaptability and inquisitiveness over methodology.

The program will offer experiences in the following areas of the Epona Approach to Equine Experiential Learning: as well as other innovative healing techniques for both humans and horses

- Energy Field Exploration; Active Round Pen Work; Horse Dancing
- Development of a Spiritual Practice through Yoga and meditation for living deeply and more fully connected to your inner guidance
- Emotional Fitness Skills to consciously navigate life's challenging transitions
- Intuitive and non-verbal communication skills with horses and humans
- A deeper sense of your authentic self for creating the quality of life you want to experience every day
- Profound experiences in nature in the Native American traditions of the Vision Quest and Shamanic Journeys

Dr. Nancy Coyne www.heartsworknancycoyne.com	Shelley Rosenberg, AAI www.myhorsesmyhealers.com	Carol Roush, AAI www.medicinehorseranch.com
<p><i>Nancy Coyne, M.D.</i> is a psychiatrist with many years' experience working with trauma survivors. An artist herself, she uses creative process—writing and drawing, yoga and bodywork, EMDR and equine facilitated psychotherapy, as well as talk therapy, to help people heal from trauma and flourish in their lives. She is an Epona approved instructor of Equine Facilitated Psychotherapy and student health services psychiatrist in residence at the University of Arizona.</p>	<p>Professional Trainer and Riding Instructor. Shelley's sessions use the human and equine instructor's expertise in developing the strength of the relationship with a horse that can engender the discovery of life skills to aid in all life relationships. In addition, as a United States Dressage Federation judge, and instructor, she provides lessons and training for riders and horses all the way up to the level of Grand Prix. She has taught all seats of riding; western, jumping, dressage, and hunter and is an Advanced Epona Approved Instructor.</p>	<p>The rapidly growing field of Equine Facilitated Human Development provides the perfect platform for Carol to combine a life-long love of horses and nature with her highly developed intuitive gift in supporting human growth and healing. Carol is a contemporary spiritual teacher drawing on her extensive studies of Native American Shamanism. Her sage guidance helps clients transcend old mind-sets and achieve a genuine state of peace. Carol is an Advanced Epona Approved Instructor of Equine Experiential Human Development.</p>

WHEN
 Week One -
 January 5 - 10, 2010
 Week Two -
 March 23 - 28, 2010

WHERE
[Worldview Centre](#)
 Near Maleny,
 Queensland, Australia

Facilitated by Epona-
 Approved Advanced
 Instructors Carol Roush,
 Shelley Rosenberg, and
 Dr. Nancy Coyne

TUITION

\$1,995 per week.
*Includes training, core
 materials, and Lunch
 each program day.*

PAYMENT SCHEDULE

- \$995.00 deposit due upon program acceptance,
- \$1,000 due by November 15, 2009
- \$1,000 due by January 5, 2010
- \$1,000 due by March 1, 2010

REGISTRATION
 There are fifteen positions available in the course.

For an Application and Registration Information please email Shelley Rosenberg

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By phone

+1-520-455-5918